



Conveying the most important messages between the DIY, fashion and independent arts communities and yours

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Get a Taste of University Heights at the UH Arts Open & Taste of UH!



What is the University Heights Arts Open & the Taste of UH? This is a collaborative event with the University Heights Community Development Corp. and Taste of University Heights. So, get ready for lots of fun, food, and art! It all happens on Sunday, September 12, 2010, from noon to 5 p.m.

So, what will be waiting for you in University Heights? What is there to do? Well, you can stroll through the quaint neighborhood while enjoying sample delicacies from some of University Heights diverse restaurants. Then, enjoy a free self guided tour of the arts. The UH Arts Open showcases the works of over 100 new as well as celebrated artists, playwrights, performers and musicians from the San Diego region enlivening the historic University Heights community. The UHAO incorporates local businesses, schools, churches, theaters, and a free shuttle tour of artist studios in the area.

This year marks the 100th anniversary of the Teachers Annex Building located at the intersection of Park Blvd. and El Cajon Blvd. The grassy open area will serve as the Artwalk area, featuring visual artists of all mediums, as well as historic groups, community groups, the taste ticket will call, free parking and shuttle start. Be sure to stop by the North Park Craft Mafia booth! Members Meagan Rae Designs, Artista Muerta, and Velvet Klaw will all be there to represent! Live music, performances, and theater will be featured across the street at Swedenborg Hall. Some of the participating restaurants include Farmhouse Cafe, Monica's at the Park, Savory Deli, Muzita Abyssinian Bistro, Soltan Banoo, Pizza Gourmet Express, Twiggs, Garden of Eden Organics, Gulf Coast Grill, Pizzeria Bruno Napoletano, Eclipse Chocolat, Pizzeria Luigi, Pomegranate, Petrushka, and Apertivo.

Don't forget to pick up a complimentary color program of the Taste and UHAO exhibits—including participating restaurants, artwork, and a walking/shuttle tour map. You can get one at the event at the information booths, or online at www.UHarts.org. Catch a free shuttle that will take you on your Taste and artist studio tour throughout the day. The cost for the Taste tickets is \$15 in advance or \$20 the day of event. This includes entry to raffles with prizes! The UH Arts Open is FREE! Bring your wallet, though, as you're sure to find some great items to purchase! We hope to see you there!

When: September 12, 2010, Noon - 5pm

Where: Arts Open Artwalk & Taste 'will call' begins at the Teachers Annex Building: Park Blvd/El Cajon blvd. 4100 Normal Street San Diego, CA 92103

Reception: Friday, September 10th, 7-9pm Swedenborg Hall, 1531 Tyler Ave San Diego CA 92103

Contact: 619-508-4075 or visit www.UHarts.org

CRAFTY HELP:

ASK DR. MUERTA FOR CRAFTY HELP & ADVICE!



Dear Dr. Muerta: I am soon going to be moving into a new place. Curtains kind of stress me out as do blinds. However I don't want people to just be able to look into my house whenever they want to. Do you have any wonderful, crafty, artsy ideas for window treatments that will make my windows beautiful, but keep the voyeurs at bay?

Dear Likes-to-Vacuum-Naked: Tin foil, the go-to window treatment of the psychologically disturbed. Just kidding! One answer could be to use frosted glass window film, which you can then decorate with shapes cut of contact paper (I wouldn't use contact paper straight on the glass though!) or other decorative lovelies. Adhesive stained glass might also be a pretty way to cover that window. If you don't want the whole window covered, use the film on the bottom part of the window, that way if you're prancing around nekkid at least the good parts will be covered.

Dear Dr. Muerta: How many hours of the day is an artist allowed to lock themselves up in their studio/tower without actually producing anything new before friends and family will begin to suspect them of hiding from the world?

Dear Girl-After-My-Own-Heart: All of them? An artist's moods are not to be judged by product or time consumed. Art can be a painful process that requires lots of time alone with DVD's, music and chili chocolate bars (and of course that awesome artistic time-waster inspiration, the interwebs). Occasionally venture out, with slashes of paint on your face, clothes and hair muttering words like "epic" and "masterpiece" and "goldfish crackers" and they'll leave alone to continue your important work.

Please email your questions for Dr Muerta about life, death, art or anything else to:
ask_dr.muerta@sandiegonthparkcraftmafia.com



CRAFTY HOW-TO:

HAVE YOU EVER MADE A FABRIC BULLETIN BOARD? TRY IT NOW!

Project supply list:

- 16" x 24" (you can get a 2' x 4', 1/2" thick-have the local hardware store cut it into thirds. It doesn't have to be exact measurements.)
- 2/3 yd of cotton fabric for cover (check www.bellepepper.etsy.com)
- 6 yds of contrasting 3/8 wide ribbon (you may need more depending on how close you space ribbon)
- 1-2 packages of upholstery tacks (depending on how many ribbon intersections)
- 1/4" staple gun staples
- 2/3 yd polyester batting
- picture hanging hardware
- Scissors
- Staple Gun
- Hammer
- Packing Tape
- Pliers (if needed)

Directions:

1. Iron the cotton fabric, before starting the project.
2. Place the cotton fabric onto a table, and then center onto the fabric the cotton polyester.
3. Cut the batting so that it is about 3" from each edge of the wood. Cut the cotton fabric to about 4"-5" depending on how much overlap.
4. All stapling will be done on the back of the bulletin board.
5. Staple the middle two times on the top, pull the fabric taught and staple two times on the bottom side in the middle. Repeat on all sides.
6. Continue stapling a on each side pulling taught as you go. Go to about 4 inches from each corner.

7. Take your scissors, and trim out the corner of the batting.
8. Practice a few times, and fold & tuck the fabric at the corners, so that they look good. Pull the fabric taught & staple the corner down. Then, fold & tuck all corners, and staple them down.
9. Turn the board over, and decide how far apart you want your ribbon, 3-4" is good. Place the first ribbon down, and follow from that one place and cut ribbons across the board. Be sure to leave 4" extra on each end for folding over and stapling.
10. Repeat steps in the opposite direction so you will now be forming a diamond pattern on your board - be sure to leave 4" on each end for stapling on the back of the board.
11. Cut a piece of packing tape the length of the board, and gently place onto the ribbons to keep them in place temporarily. Do this step for all 4 sides of the ribbon, placing tape close to the edge.
12. Start to staple the ribbon onto the back, wrap it around, and follow the angle that the ribbon is placed. Continue on all sides.
13. Place the upholstery tacks at every cross of the ribbon. Use the hammer, gently tap it into place, then hammer it down. Do this for all intersections.
14. Attach picture hanger hardware, and Voila, you have an awesome place to keep your pictures!



**MADAME CRAFTINA'S
HOROSCOPE**

WHEN IT'S TIME TO CHANGE...

There will be plenty of change for all signs in the month of September 2010. Madame Craftina gives some insight on where to focus and where to let go.

Leo: You will have a productive month lion, not only in accomplishments but also in society, popularity, and relationships. Be sure to work towards bettering aspects of your life rather than aspects that are draining.

Virgo: You are a natural healer Virgo and perhaps it's time to integrate these intuitive skills into your career. Take control of your where your career is headed and where you want it to be headed.

Libra: You may realize this month that life is a bit different from what you currently make of it. Release ego as your driving force and let intuition be your guide.

Scorpio: You are a bit emotional this month Scorpion and your goal should be to stay grounded. Don't let your boundaries and the boundaries of others define your mood this

month. Enjoy every little moment because the present is a gift.

Sagittarius: Change is ever apparent Sag and this month it is your theme. Beware of what you being known for, and change your actions to match what you want people to think of you and more importantly what you want to think of yourself.

Capricorn: This month Captain, you will realize your self-worth and intuitively understand where you want to be and what you want to be doing with your life. Trust your intuition and follow the path best suited for you in the present.

Aquarius: Sometimes what we believe shifts and we find ourselves with a new belief system and this holds true for you Aquarians this month. Embrace this shift and enjoy the joy that comes from personal evolution and change.

Pisces: Grounded, grounded, grounded; this should be your mantra this month Pisces.

Trust, intuition and your emotions need to be aligned with reality and not insecurity. Stand up for yourself, be true to yourself, and love yourself.

Aries: This month it is crucial to let go of what is not working and aim towards what you need to be healthier in all aspects. Emotional health, spiritual health, and physical health are all new goals to be pursuing actively.

Taurus: Value is your preoccupation this month bull. You may be redefining what you deem valuable and what you consider worthless. These changes in beliefs are inevitable and should be embraced. Also if you seek change in your life, take action!

Gemini: Something has got to give. It's time to evaluate who you are and who you want to be and act towards that goal. Intuitively you already know your favorable end result and it is your responsibility to make it happen.

MA MANGIA

DON'T LET SUMMER END WITHOUT ONE LAST CORN DOG & LEMONADE!

These are sure to hold you over until next year's county fair!
Recipe Source - <http://homesicktexas.blogspot.com>

Corny dogs

- 2 cups of yellow cornmeal
- 1/2 cup of flour plus more for dusting on the hot dogs
- 1 heaping teaspoon of fresh baking powder
- 1 teaspoon of salt
- 1 egg lightly beaten
- 2 cups of buttermilk
- 2 tablespoons bacon drippings or peanut oil
- 8 hot dogs
- Thin sticks with pointy ends (like the sticks designated for candy apples.)
- 1 quart of peanut oil

Method:

1. Mix the cornmeal, and 1/2 cup of the flour, baking powder and salt.
2. Beat the egg in the buttermilk and add to dry ingredients. Stir in the 2 tablespoons bacon drippings or peanut oil.
3. Pour the batter into a tall glass or quart-sized Mason jar.
4. Heat the peanut oil in a large pot or Dutch oven until it gets to 365 degrees.



5. Gently poke the sticks into the hot dogs about half-way, leaving enough sticking out to be a suitable handle.
6. Put some flour on a plate (you can start with 1/2 a cup) and roll the hot dog in it until it's coated (doing this helps the batter stick to the dog).
7. Dip the hot dog into the batter and then add to the oil.
8. Cook for three minutes, turning occasionally. Drain on paper towels. Serve immediately.

Notes: The best thing about homemade corny dogs is you can jazz up the batter if you wish, with jalapenos or chipotles, and you have control over the dogs you use—you can use turkey, chicken or tofu pups, if you prefer. Or you can get fancy and make a corny dog out of a fancier sausage—it's up to you!

Old Fashioned Pink Lemonade Recipe

- 1 1/4 cup sugar (if using unsweetened cranberry juice, 1 cup if using sweetened)
- 4 cups water (divided)
- 1 cup cranberry juice
- 1 cup lemon juice

Method:

- 1 Make a "simple syrup" by heating sugar and 1 cup of the water in a small saucepan until the sugar is completely dissolved. Remove from heat.
 - 2 Stir together the remaining water, cranberry juice, lemon juice and simple syrup. Make adjustments to taste. Chill for an hour, or add ice to cool.
- Serves 6. *Recipe Source - <http://simplyrecipes.com>*





WHO IS KEEPING SAN DIEGO CRAFTY?

Teresa Salazar of *Velvet Klaw*
www.velvetklaw.com

Svea Komori-Ang of *Belle Pepper Couture*
www.bellepeppercouture.com

Meagan Rae Longtin of *Meagan Rae Designs*
www.meaganraedesigns.com

Kim Klem of *Artista Muerta*
www.artistamuerta.com

THE SAN DIEGO NORTH PARK CRAFT MAFIA WAS FOUNDED IN SEPTEMBER 2007 AND IS DEDICATED TO CRAFTING, FASHIONING, STYLING AND CREATING THEIR SAN DIEGO.

www.SanDiegoNorthParkCraftMafia.com
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San Diego, CA 92171

WATCH US ON TV!
Every Month on
San Diego Living
Channel 6 @ 9 am

Can't wait? Check out Our YouTube page!
<http://www.youtube.com/northparkcraftmafia>

HOLIDAY HIT LIST
APPLICATIONS
Now available!
Mark your calendars!
HolidayHitList.com

Crafty Black Book:
Upcoming Events for September

SUNDAY, SEPTEMBER 6TH
SD FINALS OF THE WIENERSCHNITZEL WIENER NATIONALS

Who has the best wiener in San Diego? On Labor Day, the fastest 16 dachshunds (from August 28 preliminary rounds), will compete in the San Diego Finals of the Wienerschnitzel Wiener Nationals - A Bridgepoint Education Holiday Bowl Production. Three races will take place on the track in front of the Winners Circle. Two semifinal races will occur after horse races 3 & 5 with the finals after horse race 7. The Del Mar winner advances to the National final which determines the fastest wiener in the nation. Don't miss these adorable, free-spirited, low-to-the-ground athletes on their quest for stardom! Visit website for more info: www.dmtc.com
Del Mar Race Track & Turf Club @ 3pm
2260 Jimmy Durante Blvd San Diego, CA 92101 (858) 755-1141

THURSDAY SEPTEMBER 9TH-12TH & THURSDAY 16TH-19TH
BEAD-SHOP HOP!

It's finally here, grab all of your friends, hop in the car and hop from bead store to bead store! Be sure to check out all of the stores and get those passports filled up. Enter them for the free drawings! All of the participating stores will be giving away free samples of Delica beads. There is a pattern for making a bracelet with the beads you will collect. It's going to be a lot of fun! Check the website for hours and participating stores.
www.bead-shop.com

SUNDAY, SEPTEMBER 12TH
5TH ANNUAL UNIVERSITY HEIGHTS ARTS OPEN & TASTE OF UNIVERSITY HEIGHTS

The San Diego North Park Craft Mafia will be participating in this show! Be sure to stop by and say hi! The event is a collaborative effort with the 5th annual University Heights Arts Open, which means more of what University Heights already has to offer: fun, food, and art! www.UHarts.org. Free shuttle service will assist visitors on their Taste and artist studio tour throughout the day. The UH Arts Open is free while Taste of UH tickets are \$15 in advance and \$20 the day of the event. Taste of UH tickets may be purchased in advance by calling (619) 297-3166.
Noon - 5:00 pm Park Blvd/El Cajon Blvd.
4100 Normal Street San Diego, CA 92103



Please Note- We're taking a break from our Craft Night this month. We'll be back on October 26th at our NEW location! You'll love it!!

NPCM' S BIRTHDAY MONTH!
3 YEARS GOING STRONG!