

Conveying the most important messages between the DIY, fashion and independent arts communities and yours

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Do You Know About The SCLBSA Or The Bead Shop Hop? By Svea Komori



Story: Last fall the Bead Shop Hop united over 30 bead stores from Northern Los Angeles all the way to San Diego. Upon the completion of the first Southern California Bead Shop Hop, a majority of the stores joined forces and decided to found the Southern California Local Bead Store Association (SCLBSA). This association of local bead stores, SCLBSA will be organizing this year's Bead Shop Hop as a group.

The Bead Shop Hop dates this year will be September 9-11 and September 16-18. The Bead Shop Hop is a lot of fun. It's an event where shoppers are encouraged to go to all of the SCLBSA stores in a region. There will be three regions: San Diego, Southern Los Angeles and Northern Los Angeles areas. There will be prizes for completing one region, there will be prize baskets with a combined total of over \$3000, just for the store prizes alone. Make sure to mark your calendar in pen for the Bead Shop Hop. Get a few friends together and plan a road trip, and hop from store to store.

Friday Night Liberty Gets Fashionable! By Teresa Salazar

You're invited to the NTC Promenade Arts & Cultural District for an evening of happenings. On May 6th, Arts Meets Fashion, collaboration between local fashion designers & artists joins with the NTC to bring fashion to the monthly Friday Night Liberty event. The event is always FREE to attend. This month the Jean Isaacs San Diego Dance Theater presents a preview of New Voices with 2 sections from "Hunters Trilogy" and a cast of 10 dancers followed by a Fashion Show & Open Catwalk in the Rose Garden. See featured designer's fashions and then join in the action yourself! Show up wearing fashions from local designers, fill out a note card for the MC to read, and strut your stuff!

Be sure to stop by the Velvet Klaw Studios, located in Barracks 19, for a hands-on screen printing and t-shirt reconstruction demo! Bring a light colored t-shirt and print your own shirt to cut up, restyle and take home! Screen printing is a fun way to create your own fashions!

There will also be several crafty vendors who will be set up around the venue selling their wares. Get your Mother's Day shopping done with lots of unique items available for purchase - Attic 802, Hey Hot Stems, Little Pink Plum, Tabou Treasures, Tora Jewelry, Vee Y. Design, Wink Artisans, Zabana Essentials, & Zedena Designs.



Photo from the Mannequin Project. Courtesy of Debbie Solan.

Friday, May 6th
5 pm - 8 pm
2640 Historic Decatur Road, SD, 92106
For more information call (619) 573-9260 or visit
www.ntcpromenade.com/what.php

CRAFTY HELP:

ASK DR. MUERTA FOR CRAFTY HELP & ADVICE!

Dear Dr. Muerta: I'm getting married in a few months and we're trying to keep to a reasonable budget. We want to have fun wedding favors without putting a huge dent in our funds. Do you have any suggestions?

Dear Bride-on-a-Budget: Ooh this is a fun project! There are so many fun things to do for wedding favors I don't even know where to start! Handmade is always the best option, so think about something that you enjoy doing, such as painting or sewing and incorporating your special talents into unique tokens. You can make lavender sachets or wildflower seed packets out of repurposed fabric or you can create little drawings and put them in tiny bargain store frames. Little melt and pour soaps or lollypops in coordinating colors are also fun handmade options. You don't have to go too crazy to create something unique, meaningful and fun for your guests. Don't forget to put both your names and the date along with the favor. And as always, the internet is a fabulous tool to find something just right!

Please email your questions for Dr Muerta about life, death, art or anything else to: ask_dr.muerta@sandiegonthparkcraftmafia.com



Make these fun wedding favors from a tutorial found at : <http://www.sweetjessie.com/2010/02/wedding-favors-tutorial.html>

CRAFTY HOW-TO:

MAKE SOME CRAFTY MOTHER'S DAY GIFTS!

Looking for fun Mother's Day gifts? Check out these great tutorials. Thank you Graft Gossip.com for links to all these crafty how-to's!



Make mom a fancy spa wrap. Would be great for the beach too! <http://sew4home.com/projects/bath-linens/581-mothers-day-spa-wrap>



These adorable birds will cheer up any room and can be used as pin cushions or sachets! <http://www.thediydish.com/2011/03/joel-dewberry-joins-the-diy-dish-twins-make-a-bird-pin-cushion/>



Keeping the spa theme, why not recycle some bottles into bath salt containers. You can even make your own salts! <http://mel-designs.typepad.com/my-blog/2011/04/bath-salt-for-mom-a-recycled-project-using-jacquard-products.html>



Here's a pretty, and simple to make, Dahlia Flower Brooch. Make one, or a bunch, and attach them to a headband, or maybe make a bracelet too! <http://news.holidash.com/2010/04/23/mothers-day-corsage/>

The SDNPCM Presents The "Spring Line Up" At –

NORTH PARK

FESTIVAL
of
ARTS

15th Annual · 2011
SUNDAY
MAY 15TH

UNIVERSITY AVE.
& 30th Street

10AM to 6PM

[Www.NorthParkFestivalOfArts.com](http://www.NorthParkFestivalOfArts.com)

MA MANGIA

GLUTEN-FREE CARROT CAKE WITH COCONUT CREAM FROSTING!

Whether you stick to a gluten-free diet, or know someone who does, this carrot cake is moist and delicious. This one is made with a Coconut Cream Frosting, but if you prefer a more traditional Cream Cheese frosting, you can find some online. Give it a try!

Ingredients For Carrot Cake

- 3 cups blanched almond flour
- 2 teaspoons Celtic sea salt
- 1 teaspoon baking soda
- 1 tablespoon cinnamon
- 1 teaspoon nutmeg
- 5 eggs
- ½ cup agave nectar
- ¼ cup grape seed oil
- 3 cups carrots, grated
- 1 cup raisins
- 1 cup walnuts

Ingredients For Coconut Cream Frosting

- 1 cup coconut milk (canned)
- 1 cup agave nectar
- pinch Celtic sea salt
- 5 teaspoons arrowroot powder
- 1 tablespoon water
- 1¼ cup coconut oil

Directions

- In a large bowl, combine almond flour, salt, baking soda, cinnamon and nutmeg.
- In a separate bowl, mix together eggs, agave and oil.
- Stir carrots, raisins and walnuts into wet ingredients.
- Stir wet ingredients into dry.
- Place batter into 2 well greased, round 9 Inch cake pans.

Bake at 325° for 35 minutes

Prepare frosting.

- In a medium saucepan, heat coconut milk, agave and salt, simmer for 10 minutes.
- In a small bowl, combine arrowroot and water to form a smooth paste.
- Pour arrowroot mixture into saucepan.
- Mix contents of saucepan with a hand blender. Whisk vigorously to combine, then bring to a boil, briefly, until shiny.
- Remove pot from heat and very gradually blend in coconut oil.
- Allow pot to cool for 10 minutes.
- Place pot in freezer refrigerator for 30-40 45-120 minutes, until frosting solidifies and turns white.
- Remove from freezer refrigerator and blend again, until fluffy.

Once cake has cooled completely, spread frosting over cake and serve!



Photo by Elana's Pantry

Recipe Source - <http://www.elanaspantry.com/carrot-cake/>



WHO IS KEEPING SAN DIEGO CRAFTY?

Teresa Salazar of *Velvet Klaw*
www.velvetklaw.com

Svea Komori-Ang of *Belle Pepper Couture*
www.bellepeppercouture.com

Meagan Rae Longtin of *Meagan Rae Designs*
www.meaganraedesigns.com

Kim Klem of *Artista Muerta*
www.artistamuerta.com

THE SAN DIEGO NORTH PARK CRAFT MAFIA WAS FOUNDED IN SEPTEMBER 2007 AND IS DEDICATED TO CRAFTING, FASHIONING, STYLING AND CREATING THEIR SAN DIEGO. WE ARE A 501(c)(6) ORGANIZATION.

WATCH US ON TV EVERY MONTH!

@ 9am San Diego Living Channel 6

Can't wait? Check out Our YouTube page!



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National
BBQ month!

**Crafty Black Book:
Upcoming Events
for May**



FRIDAY MAY 6TH

FRIDAY NIGHT LIBERTY- FIRST FRIDAY EVERY MONTH

Join us for a special "Art Meets Fashion" event this month! The event will include a fashion show, dance performances, and crafty vendors! Pick up a unique gift for Mother's Day from any of our vendors who will be located outside of the art buildings. Be sure to visit all the galleries and studios at this monthly open house. See what's happening at the NTC Promenade! **Starts at 5 p.m. <http://www.ntcpromenade.org/what.php>**

**FRIDAY, SATURDAY & SUNDAY, MAY 6TH-8TH
GASLAMP GATHERING, STEAMPUNK CONVENTION**

1ST Southern California dedicated Steampunk & Victoriana convention. At Town & Country Convention Center. For more info and tix go to the event website: <http://www.gaslightgathering.org>

SUNDAY MAY 15TH

SPRING LINE UP @ North Park Festival of the Arts 10 am

Bigger and Better this year!! Come out and shop from your DIY favorites, and get a swag bag! There will be 100 for the first shoppers! Get there early! Our section is located on University Ave between Ray St & 30th. Visit our website for the list of vendors!

<http://www.northparkfestivalofarts.com>

FRIDAY, MAY 20TH

NATIONAL BIKE TO WORK DAY

Bike to Work Day offers pit stops—places where riders can pick up FREE t-shirts, water, snacks, and lots of encouragement! A nationally recognized event, Bike to Work Day supports bicycling as a viable, environmentally-friendly commute choice. This year, we plan to break our 2010 record and have 75 pit stops.

<http://www.icommutesd.com/Events/BikeToWorkDay.aspx>

TUESDAY MAY 24TH

CRAFTY CONSPIRACY AT VELVET KLAU STUDIO

Our monthly craft get together! Plan on bringing something to share and a chair. Come hang out, craft, craft swap, just get away for a bit at our Crafty Conspiracy. Please RSVP for this event. Contact us by emailing us at: craftnight@sandiegonoorthparkcraftmafia.com

**Velvet Klaw Studio, 2690 Historic Decatur Rd., Studio #203, 92106
7p.m.-9 p.m.**