

MONTHLY MESSAGGERO

Conveying the most important messages between the DIY, fashion and independent arts communities and yours

VOLUME 4, ISSUE 6



JUNE

2011

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There are so many things to do in June!

The month of June has lots of interesting holidays and meanings! This list is just some of June's offerings to keep you celebrating this month!

June Is:

Adopt A Shelter Cat Month! Go on! Make Bob Barker proud! Spay, neuter and adopt!!! This would be a great way to make a sweet, little addition to the household. For more information on cat adoption, go to www.catadoption.org

American Rivers Month! The weather is getting nicer and nicer by the day, so what better way to enjoy than to go to the river! The flowing of water is so relaxing! Yes there is the ocean, but something new is always fun!

National Accordion Awareness Month! I know next to nothing about accordions so I'm excited to take this opportunity to learn something new! (I guess that's what they had in mind when they declared June the month for this huh!?) Like, did you know the piano accordion is the official musical instrument of the city of San Francisco and has been since 1990? Hmmm. You go San Fran! Play that piano accordion!

National Fresh Fruit and Vegetable Month! I like this one because I love eat healthy, or at least try! A great way to shop for local and in season fruits and veggies is by shopping at farmer's markets! Practically every neighborhood has a weekly farmer's market with lots of fresh produce to purchase! This is the best way to eat farm-to-table.

National Ice Tea Month! Can I just say yum!?! I love iced tea! Sweetened, flavored, fruity, and spicy, spiked, I love it all! I just had the best iced sweet tea ever in Eureka, CA from a soul food restaurant called Bless My Soul Café. I wouldn't know how to mimic the recipe but the sweetness of apple juice and spice of cinnamon made this iced sweet tea the best I've ever had!!!

National Papaya Month! Papaya farmers want you to eat your fresh fruit and vegetables this month, but especially your papaya!!!

National Pest Control Month! You heard it girls! June is the time to control those pests so get your men in order! Ha-ha, just kidding! Who thought of this celebration!?! I bet it's financed by RAID!

National Rose Month! Celebrate by planting a rose bush or just buying some for your lover! Get a rose tattoo or paint a rose picture. Make some iced tea infused with rose petals or visit a beautiful rose garden!

And finally, June is Zoo and Aquarium Month! You all know what a great zoo San Diego has to offer, so go! There are always lots of fun things to do and see and there is always something new! This month, there is an Orchid exhibit that is free with admission and there are lots of new babies to see at the zoo! For more information go to, www.sandiegozoo.org

Enjoy the month! Crafty Love!!!

CRAFTY HELP:**ASK DR. MUERTA FOR CRAFTY HELP & ADVICE!**

Dear Dr. Muerta – I'm going to be entertaining my two kids all summer long, do you have any ideas for crafts or activities that we can do? I want to keep them mentally active as well as physically active so they're ready for school when it starts back up in the fall.

Dear CraftyMom – Oh there are literally thousands of awesome crafts and activities that you can do with your kids this summer to keep busy and to get them prepared for school in the fall. One thing I did with my son was cover an entire wall in my studio with thick brown craft paper and let him draw, color and write all over it whenever he felt like it. It's the room I do my work in, so he's always welcome to join me and do some work of his own. You can start and tend it each day. You can start a bug collection and identify each bug you catch (if you don't feel like killing bugs, use your camera to capture your bugs before setting them free). My husband and my son are really into electronics and they have built clocks and radios and rockets while he's not in school. Go to a thrift store and pick up some old picture books and use them to make colorful paper mache creations. Summer is a good time to try some big projects that take a few days or a few weeks to complete with your kids. It might also be a good time to introduce your kids to helping others by joining a beach cleanup or a charity walk. The internet (as always) is a great source for craft and project ideas that will turn your summer into something not only fun and creative but educational and inspiring.

Please email your questions for Dr Muerta about life, death, art or anything else to:
ask_dr.muerta@sandiegonorthparkcraftmafia.com

**CRAFTY How-To:****CAKE DECORATING!****Supplies Needed:**

- Cake (already baked and cooled)
- Frosting
- Food coloring (natural is best!)
- A few small dishes (for mixing colors)
- Metal spatula
- Icing bags
- Assorted icing tips (round, star, scallop, etc.)
- Silk flowers (optional)

Start by frosting your cake completely with white frosting using your metal spatula. By using somewhat large amounts of frosting first and smearing over the top and along the edges of the cake, you will avoid breaking the cake and getting crumbs in your frosting. You want to have about $\frac{1}{4}$ " thick frosting completely covering your cake.

Now it's time to create some colored frosting! Put a few spoonfuls of frosting in each of your small dishes and add a few drops of varying food coloring in each dish and blend with spatula. Remember your primary and secondary colors and get creative with more bold colors or keep it sweet with pastels!

Attach your various icing tips to the icing bags and add a few spoonfuls of colored frosting into each bag. Now carefully squeeze the frosting into the bottom area of the bags, towards the tips, to avoid getting air bubbles when you are decorating.

Get creative! Use the star icing tip to create little stars by just squeezing a small amount in one spot and lifting directly up. Use the round tip to create a loopy border all around the bottom of the cake and where the outer walls become the top of the cake. Draw polka dots or ribbons along the sides of the cake or write people's names with special messages on the top! Add silk flowers if you like! Your imagination is the limit! Have fun cake decorating!

P.S. Have fun eating cake too!



MADAME CRAFTINA'S HOROSCOPE

June brings times of self reflection. It is the time for forgiveness and peace. Consider Madame Craftina's words throughout the month for insight.

Gemini (5/22-6/21) You are very skilled in your craft and in your business. Beware of voided ambition.

Cancer (6/22-7/22) Your love for money is balanced well. You are well taken care of. You need not compare yourself to anyone else for you are perfect right where you are.

Leo (7/23-8/23) With every end, a new beginning, and every door shut detours to another one open.

JUNE IS A TIME FOR REFLECTION

Virgo (8/24-9/22) You are feeling defensive this month, like you need to protect what is yours. No need to be extravagant about it, calm protection works well.

Libra (9/23-10/23) This month gives you feelings of great joy and happiness. Your smile is contagious, share it with everyone!

Scorpio (10/24-11/22) Sometimes we just need to spend some time alone. And sometimes we need good company. Balance.

Sagittarius (11/23-12/21) You may be feeling expectations of what you should be doing. But be sure to decide for yourself. The act of writing may lead you to the truth.

Capricorn (12/22-1/20) A reminder that you hold the authority to your life. The command is in your hands.

Aquarius (1/21-2/18) Are you moving soon? Or perhaps a trip? Either way, it will be a wondrous time!

Pisces (2/19-3/20) Charity is good for the soul and sharing is caring. If you are on the receiving end, beware of illusion.

Aries (3/21-4/19) You typically surround yourself with good energy but sometimes caution is necessary. Don't be naïve about your trust.

Taurus (4/20-5/21) There are two sides to every story. And sometimes even more than that.

MA MANGIA

CELEBRATE CORN & CUCUMBER MONTH!

This month we are celebrating are veggie friends, corn and cucumbers, with some great tasting, international recipes!

Cucumber Sesame Salad - Ingredients

- Mediterranean Cucumber 3
- Raw Peanuts 1 tbsp
- Black Sesame Seeds 1 tbsp
- Green Chiles 2
- Cumin Seeds 1/2 tsp
- Asafoetida a pinch
- Cilantro few sprigs
- Salt to taste
- Oil 1 tsp

Corn Tikki Patties - Ingredients

- 1 Corn Cob
- 1 Potato
- 1 and 1/2 cup Bread Crumbs*
- 2 Green Chili
- 2 tbsp Chat Masala
- 1 tbsp Lime Juice
- 1 tbsp Ginger-Garlic Paste
- Salt as per taste
- 1/2 cup Coriander Leaves
- 3 to 4 tbsp Oil for shallow fry

*If you don't have bread crumbs don't worry. Just chop about 7 bread into a grinder. Grind until fine particles are formed. Don't add water while grinding. Keep this bread crumbs aside.

Cucumber Sesame Salad - Directions

Peel and chop cucumbers into small cubes. Remove stems, wash and slit green chilies. Wash and mince cilantro. Heat a small pan, add sesame seeds and toast them for a minute or two. Heat few drops of oil in a small pan, add raw peanuts and fry them until roasted. Remove from heat and crush roasted peanuts with a pestle. Heat oil in a deep pan, add cumin seeds and asafoetida. When cumin seeds turn brown, add green chiles and remove from heat. Cover the pan after adding chopped cucumber and salt. In a mixing bowl, mix above cucumber, crushed peanuts, toasted sesame seeds and chopped cilantro together. Serve immediately.



Photo by Keera Dosakaya Baddalu

Corn Tikki Patties - Directions

Boil potatoes and corn till tender. Now remove the corn kernels with the help of knife. Combine corn with ginger-garlic paste, few coriander leaves. Grind all of them until a smooth paste is formed. Mash the potatoes along with few coriander leaves, chili and chat masala. Now mix the corn paste with mashed potatoes, bread crumbs, corn paste and salt. Combine



all of them with your hand. Shape them into small balls. Rub some oil in your hand the batter won't stick to your fingers. Flatten these corn balls shaping into a patties. Take a frying pan. Add oil and keep your gas on low flame. Once the oil is hot place these patties into it gently. Shallow fry them from both sides until golden brown and crisp. Pat with tissue paper to remove excess oil. Your Corn Tikki Patties Recipe is ready. Garnish them with coriander leaves. Serve them on a platter with mint chutney or sauce. You can have them during tea time as well and might get burnt.

You could also add peanuts or cashews or sesame seeds into this Corn Tikki Patties Recipe.

Recipe Source - <http://www.talimpu.com/2008/05/09/cucumber-sesame-salad/>

Recipe Source - <http://www.flavorsofmumbai.com/corn-tikki-patties-recipe/>



NORTH PARK
PREMIERE!

NORTH PARK **CRAFT MAFIA** **SAN DIEGO, CA**

WHO IS KEEPING SAN DIEGO CRAFTY?

Teresa Salazar of *Velvet Klaw*
www.velvetklaw.com

Svea Komori-Ang of *Belle Pepper Couture*
www.bellepeppercouture.com

Meagan Rae Longtin of *Meagan Rae Designs*
www.meaganraedesigns.com

Kim Klem of *Artista Muerta*
www.artistamuerta.com

THE SAN DIEGO NORTH PARK CRAFT MAFIA WAS FOUNDED IN SEPTEMBER 2007 AND IS DEDICATED TO CRAFTING, FASHIONING, STYLING AND CREATING THEIR SAN DIEGO.

Check out all of our crafty “how-to” videos!

<http://www.youtube.com/northparkcraftmafia>

HOLIDAY HIT LIST

Vendor Application

Apply Online Beginning

July 1, 2011

Mark your calendars!

Our event sold out last year,
so apply early!

SDNPCM.com

www.SanDiegoNorthParkCraftMafia.com
info@sandiegonorthparkcraftmafia.com
858-272-4276
P.O.Box 711773
San Diego, CA 92171

National
Grilling
Awareness
Month!

Crafty Black Book: Upcoming Events for June

FRIDAY, JUNE 3RD

FRIDAY NIGHT LIBERTY-FIRST FRIDAY EVERY MONTH

Friday Night Liberty is a monthly first-Friday evening of FREE open artist studios, galleries and events throughout NTC Promenade Arts & Cultural District. Free parking & Admission. Lots of crafty vendors to shop from too!

5 p.m. to 8 pm - <http://www.ntcpromenade.org/what.php>

SATURDAY, JUNE 4TH

ART AROUND ADAMS, ART EVOLVED

The 8th annual “Art Around Adams 2011: Art Evolved!,” is a music and arts walk along Adams Avenue, taking place Saturday, June 4th, 2011 from 3-10pm. This free, family-friendly event will showcase an array of local artists, musicians, outrageous street performers, and interactive installations. <http://artaroundadams.org>

SATURDAY & SUNDAY, JUNE 11TH & 12TH

SAN LUIS REY MISSION POW WOW

The Powwow will be held on the grounds of the Old Mission San Luis Rey, 4050 Mission Avenue, Oceanside, CA. More information about this event can be found at:

<http://slrmissionindians.org>

SATURDAY, JUNE 11TH

CHAIN MAILLE CLASS WITH ROBIN

This class is for the jewelry designer that wants to get into this fascinating technique that is several hundreds of years old. Each student will learn about construction basics of chain maille and how to make this bracelet, also if time permits, she will teach a bonus bracelet. Students are required to have two pliers that are either smooth or nylon. We will have anodized aluminum & silicone jump rings for purchase in our store. Materials are not included in class fee.
11am-2pm, 135 E Broadway, Vista, 92084, 760-725-2323

<http://www.dancingbearindiantrader.com/classes.html>

SATURDAY, JUNE 18TH

THE OLD HOUSE FAIR

Enjoy a day-long celebration of old homes and the historic San Diego community of South Park at the 13th Annual Old House Fair -- presented by the Station. There will be many home tours, music, food, and much more. Tickets for the tours will be \$20. Available in advance or on the day of the event.

<http://theoldhousefair.weebly.com>

TUESDAY, JUNE 28TH

CRAFTING CONSPIRACY AT VELVET KLAWS STUDIO

Our monthly craft get together! Plan on bringing something to share and a chair. Come hang out, craft, craft swap, just get away for a bit at our Crafty Conspiracy. Please RSVP for this event. Contact us by emailing us at: craftnight@sandiegonorthparkcraftmafia.com

Velvet Klaw Studio, Studio #203, 7p.m.-9 p.m.

<http://sandiegonorthparkcraftmafia.com/events.html>

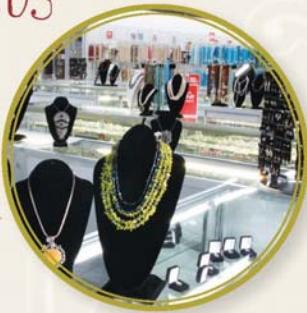
Special Coupon Bonus Page!



South Sun Products

Bead, Silver & Jewelry Superstore

In our store you will find everything you need to create your own unique designs; beads, findings, tools, classes... Our experienced and friendly customer service team will help you with any questions you may have.



50% OFF
Regular Priced Items
June-01-11 to August-31-11

Coupon code: NPCM

* Online and in store. Cannot be combined with any other offers or discounts. Some other restrictions may apply.

8601 Aero Drive,
San Diego CA 92123

Phone: (858) 309-5050
Email: Aero@southsunproducts.com

www.southsunbeads.com

Hours : Mon.- Fri. 8:30am-7pm
Sat. 10am - 7pm | Sun. 10am - 5pm



**Advertise here!
Contact us at:**

**info@
sandiegonorthparkcraftmafia.com**

**Check out these deals!
Support your local businesses!**



Share them with your friends!

12% discount!



This coupon is good for 12% off your purchase at any of the San Diego Region Southern California Local Bead Store Association members. Stores are listed on this coupon. Coupon cannot be combined with any other offer. Coupon must be present for discount, does not apply towards classes or gift certificates. This coupon expires 8/31/2011

The Bead Boutique
2676 Fletcher Pkwy, La Mesa, 92020
619-337-2323
<http://www.thebeadboutique.net>

Bead Gallery
9823 Mira Mesa Blvd, San Diego, 92131
858-831-9190
<http://www.beadgallery.org>

Bead Island
26145 Jefferson Ave #303 Murrieta, 92562
951-461-1071
<http://www.beidisland.com>

Beads & More
4150 Mission Blvd, San Diego, 92109
858-483-4190
<http://www.sandiegobeads.com>

Beads Crystals & More
967 S. Coast Highway 101 #B105, Encinitas, 92024
760-942-5222
<http://www.beadcristalsandmore.com>

The Black Bead
5003 Newport Ave, San Diego 92107
619-222-2115
<http://www.theblackbead.com>

The Bouncing Bead
8876 La Mesa Blvd, La Mesa 91942
619-460-2323
<http://www.thebouncingbead.com>

Dancing Bear Indian Trader
135 E. Broadway, Vista, 92084
760-726-2323
<http://www.dancingbearindiantrader.com>

Mountain Beadworks
4470 Highway 78, Julian, 92036
760-765-3100
<http://www.mountainbeadworks.com>

Ocean Sky Beads
605 Mission Ave, Oceanside, 92054
760-757-3992
<http://www.oceanskybeads.com>

Oskadusa
243 N. Highway 101 #6, Solana Beach 92075
858-755-2323
<http://www.oskadusa.com>

Pause & Play Beads and More
9157 Mission Gorge Rd, Santee, 92071
619-561-2323
<http://www.pandpbeads.com>

Bead Shop Hop 2011

The Southern California Local Bead Store Association was founded this year. Over 30 bead stores in Southern California, as an organization are organizing the 2011 Bead Shop Hop, which will take place on September 9-11 and September 16-18, 2011. For more information about the SCLBSA, visit: <http://www.sclbsa.blogspot.com>