



Conveying the most important messages between the DIY, fashion and independent arts communities and yours

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The Gem of San Diego - Balboa Park!

After visiting San Diego from the time I was very young, and now living in San Diego for more than a decade, my very favorite spot in the entire county continues to be Balboa Park. Balboa Park is not only full of beautiful art, culture and history, it is also has lovely grounds and buildings, including the amazing Botanical Building and its enormous fishpond.

My art museums like the San Diego Museum of Art, the Mingei, the Timkin, and the Museum of Photographic Arts (MOPA) are my favorites. They have modest but excellent permanent collections along with temporary shows that change throughout the year.



The MOPA

Face to Face: Works from the Bank of America Collection
May 20, 2011 - September 25, 2011

For something a little less arty but just as interesting make sure and check out the Model Railroad Museum (my son's favorite), the Air and Space Museum, the Science Museum, and the Automotive Museum.

There are far more than I can list here and you can find all the information you need about hours, collections, the research library available and special resident free days at the Balboa Park website <http://www.balboapark.org>. There are music and cultural events all year including the really huge and fun December Nights festival around the year-end holidays.

The Timken Museum of Art

ART OF FASHION

PREVIEW DINNER
Thursday, September 22, 2011

ART OF FASHION
Saturday, September 24, 2011

The Mingei International Museum

EXHIBITION
Feb 19, 2011 | Sep 5, 2011

IN THEIR OWN WORDS

CLASSIC AND CONTEMPORARY
NATIVE AMERICAN ART

Clockwise:
"Lady in Waiting," Robert L. Freeman;
"Even Where the Ancestors Live," L. Frank;
"Elka #Four," Billy Soza Warsoldier
"Another Dead Indian," Catherine Nelson-Rodriguez;

CRAFTY HELP:

ASK DR. MUERTA FOR CRAFTY HELP & ADVICE!

Dear Dr. Muerta –

I am not artistic at all, not even in the slightest. I love to make things and be creative. I'm just not very good at anything. Do you suggest any artistic or crafty hobbies that someone with zero artistic ability can do?

Dear Not Artistic – First of all, EVERYONE is artistic. Not everyone is going to be a Van Gogh, obviously, but everyone can create art and be artistic. Human beings are creative and artistic creatures. It's the way we're put together. We create and respond to art. Some of us (myself included) struggle with the idea of letting go and creating despite that critical voice inside that might tell us we're not good enough, right? So the first thing to do is to ignore that voice, learn how to quiet it and be happy with the process and enjoy the result, no matter what. Get a few bargain canvases at one of those chain art stores, and a student paint and brush set, and just see what happens! Acrylic paint works well for this, if you don't like it, let it dry and paint over it!

That said, there are crafts and artistic projects that really do take the stress out of the creative process. When my son was a baby, I took up needlepoint. It was something I could take with me, it was easy to pick up and put down. Once I figured out the stitches, I love the pretty pictures that someone else took the trouble to paint onto the fabric for me. The end result was something pretty I could frame, and even give as a gift. Rug-hooking is very much the same, as are paint-by-number paintings. They're not all what we remember from our childhood; you can do some pretty spectacular paintings with the paint-by-number kits out there! Craft stores have ALL kinds of kids and projects, including decorating clothes, hats and flip-flops, easy jewelry kits and so on. Wander around and see what speaks to you!

Please email your questions for Dr Muerta about life, death, art or anything else to: ask_dr.muerta@sandiegoparkcraftmafia.com

CRAFTY HOW-TO:

GIVE SOME OLD SHOES A MAKEOVER!

Do you have some old shoes that aren't looking so good anymore, but you just can't bring yourself to get rid of them? Why not give them a makeover? I saw this post made on the La Sophia blog for some fabulously fun sequined shoes! [Check hers out here!](#) Too cute, so I decided to give this project a try. I found a pair of fabric shoes that had water stains on them, so they were perfect candidates for this project. I love how they turned out!

Supplies Needed:

- A pair of shoes to recycle
- Modge Podge
- Sequins & plastic gems (in various shapes)
- Confetti (I used paper & mylar)
- Glitter (I used a fine cut glitter that had stars in it.)
- Seed beads
- Jewel It glue (for the sequins & gems)
- Paint brush
- Newspaper or freezer paper

Start by spreading out some paper to cover your work area. I use freezer paper so that I can pour the Modge Podge and all my decorations out on my work surface. I began by applying large pieces of the mylar confetti that I bought at my local dollar



Inspiration shoes from La Sophia.

store. This will be the base layer. Then I added pieces of the paper confetti, from the same store, and also a few sequins with the Jewel It glue. The paper confetti will add some dimension to your layers. For a



Before: Plain old pumps.

smoother look, only use the larger, flat pieces. I decided that I was going to go for a dimensional and layered look. After that dried a bit I could see areas that I had missed and added more confetti. Then more sequins. Next I added some of the plastic gems. I would leave no space unadorned. After the glue on the gems had dried I added some of the glitter by brushing it on with the Modge Podge. I brushed the glitter over some of the sequins and it really made them sparkle! After all that dried I added more sequins and a few more gems. I noticed that there were some areas around the foot opening that needed attention, so I added some seed beads to fill in the gaps. Take a break and let it all dry overnight. Look at your project with "fresh eyes" and see if you think you need to add anything more. If not, then you are done with decorating and ready to apply an even top coat of Modge Podge over the entire surface. You don't have to cover the



After: Jeweled shoes ready for a party!

gems if you don't want to. They should hold just fine. I recommend letting the shoes dry for a couple of days before wearing. That will give you time to put together the perfect outfit to show off your latest creation. Enjoy!

FRIDAY NIGHT LIBERTY CONTINUES ALL SUMMER LONG!

If you haven't been to Liberty Station this summer, then you probably haven't checked out the Friday Night Liberty (FNL) events that have been taking place all summer! Thought the FNL events take place through out the year, the summer events have some special additions - crafty vendors! That's right, in addition to all the great studios and galleries that open their doors to visitors at these events, the Craft Mafia has been organizing vendors sections outside building 200 and Barracks 19. Our vendors offer a crafty collection of wares for sale at each monthly event. So, come on out and enjoy the summer weather! We will continue the outside shopping experience through the October FNL. If you are interested in being a participating vendor, please email us at - Teresa@sandiegonthparkcraftmafia.com and we'll send you all the info you need to get started. Here's the list of crafty folks that will be joining us on August 5th;

Lillie's Soap Co. - www.lilliesoapco.com , Lisa's Ribbons - www.lisasribbons.com, Mai Couture Shoppe - www.facebook.com/maicoutureshoppe , Just For Fun Boutique, R. Priest Ellgy, Co. - www.artfire.com/users/rpriestellgyco, Reents Pottery, Samari Designs - www.samaridesigns.com/, Tabou Treasures - www.etsy.com/shop/abouttreasures, Tropicoso - www.tropicoso.etsy.com/ , Taewanna Play Fashions, & With Heart by Elaine - www.withheartbyelaine.com.

Don't Miss

The San Diego North Park Craft Mafia's 5th Annual

hOLIDAY hit List

December 4, 2011 - Noon to 6 p.m. @ the NTC Promenade in Liberty Station

MA MANGIA

SCREAM FOR SOY ICE CREAM!

Trying to cut down on dairy? Give this soy ice cream recipe a try. Fresh summer strawberries make this a special treat for all!

Soy Strawberry Ice Cream

- 2 pints Silk Soy Creamer(R)
- 2 cups + 2 tbsp. granulated sugar (3/4 cups + 2 tbsp. for strawberries, 1 1/4 cups for ice cream mixture)
- 1 1/2 tsp. vanilla extract
- 3 1/4 cups fresh sliced strawberries
- 1 tsp. lemon juice
- **Prepare the Strawberries:**

In a bowl, combine all the sliced strawberries, 3/4 cups + 2 tbsp. sugar, and lemon juice. Crush it with a potato masher or a big fork and cover and set in the refrigerator to chill. (Overnight is best)

Recipe Source - <http://www.ice-cream-freaks.com/soy-ice-cream-recipes.html>

Ice Cream Mixture:

Combine soy creamer, 1 1/4 cups granulated sugar, and vanilla. Mix and let the sugars dissolve. Remove the chilled mashed strawberries from the refrigerator. Stir and take out 1/2 cup and place it in the refrigerator. Puree the rest in a blender or food processor until smooth. Add the puree to the ice cream mix. Mix well, then freeze according to your ice cream maker instructions (about 25 minutes).



During the last 5 minutes, add the 1/2 cup of chilled mashed strawberries.

When the ice cream is done, serve immediately for a soft ice cream, or transfer to smaller containers and freeze to harden (at least 2 hrs).

For Popsicles:

If you want to make Popsicles with this mix, pour some of the unchurned mix (minus the mashed strawberries) in Popsicle molds and freeze them for several hours or overnight.

NORTH PARK
PREMIERE!

NORTH PARK
CRAFT MAFIA
SAN DIEGO, CA

NORTH PARK
PREMIERE

WHO IS KEEPING SAN DIEGO CRAFTY?

Teresa Salazar of *Velvet Klaw*
www.velvetklaw.com

Svea Komori-Ang of *Belle Pepper Couture*
www.bellepeppercouture.com

Kim Klem of *Artista Muerta*
www.artistamuerta.com

THE SAN DIEGO NORTH PARK CRAFT
MAFIA WAS FOUNDED IN SEPTEMBER
2007 AND IS DEDICATED TO
CRAFTING, FASHIONING, STYLING
AND CREATING THEIR SAN DIEGO.

We are a 501(c)6 nonprofit organization.

Check out all of our crafty
“how-to” videos!

<http://www.youtube.com/northparkcraftmafia>

HOLIDAY HIT LIST

Vendor Application

Apply Online NOW

**This event sells out every
year, so apply early!**

HolidayHitList.com

www.SanDiegoNorthParkCraftMafia.com

info@sandiegonthparkcraftmafia.com

858-272-4276

P.O.Box 711773

San Diego, CA 92171

Crafty Black Book: Upcoming Events for August

FRIDAY, AUGUST 5TH

FRIDAY NIGHT LIBERTY-FIRST FRIDAY EVERY MONTH

Friday Night Liberty is a monthly first-Friday evening of FREE open artist studios, galleries and events throughout NTC Promenade Arts & Cultural District. Free parking & Admission. Lots of crafty vendors to shop from too!

2690 Historic Decatur Rd. - 92106 5 p.m. to 8 pm -

<http://www.ntcpromenade.org/what.php>

THURSDAY, AUGUST 11TH

CRAFTING CONSPIRACY OF STITCHING AT THE VELVET KLAW STUDIO

Do you want to get some sewing done? Join us for our monthly night dedicated to those who like to sew! Bring a machine or do a hand stitching project. Please RSVP for this event. Contact us by emailing us at:

info@velvetklaw.com

2690 Historic Decatur Rd., Studio #203 92106 7p.m.-9 p.m.

FRIDAY, AUGUST 12TH

BEADERS' NIGHT OUT

12 local bead stores will be open in San Diego county for a special event. All attendees will be entered in a free drawing for a lanyard pouch decorating contest that will conclude at the end of the Bead Shop Hop 2011. 30 bead stores in Southern California will be participating too! Each store will have their own promotions going on. For more information go to the website:

<http://www.sclbsa.blogspot.com>

The Bead Shop Hop will be September 8-11 and 15-18. 5pm—8 pm.

TUESDAY, AUGUST 23RD

CRAFTING CONSPIRACY AT DANCING BEAR INDIAN TRADER

Our monthly craft get together! Plan on bringing something to share and a chair. Come hang out, craft, craft swap, just get away for a bit at our Crafty Conspiracy. Please RSVP for this event. Contact us by emailing us at:

craftnight@sandiegonthparkcraftmafia.com

135 E Broadway, Vista, CA 92084 7p.m.-9 p.m.



Since it's really hot and bright outside, please wear sunglasses and sunblock.

XOXO, The San Diego North Park
Craft Mafia Members