

# MONTHLY MESSAGGERO

*Conveying the most important messages between the DIY, fashion and independent arts communities and yours*

VOLUME 2, ISSUE 4

APRIL 2009



## INSIDE THIS ISSUE:

### LINE UP FOR SPRING AT THE SPRING LINE UP!

The 2nd Annual Spring Line Up happens at the North Park Festival of the Arts!

### MAFIOSA OF THE MONTH

Meet NPCM member Meagan Rae Longtin of Meagan Rae Designs!

### CRAFTY HOW TO Print your own bunny t-shirt for spring!

### MADAME CRAFTINA Play a game and improve your life. It's in the stars!

### MA MANGIA Make your Easter colorful with some pretty Italian Easter Bread!

### UPCOMING EVENTS The SpringLine Up is coming at the North Park Festival of the Arts! Apply now to be a vendor!

## This Year's Spring Line Up To Be Included in the North Park Festival of the Arts - May 17th!

It's true! This year our 2nd Annual Spring Line Up craft event will be part of the 13 Annual North Park Festival of the Arts extravaganza! The event happens on Sunday, May 17th along University Ave. between 30th and 32nd Streets. University will be closed to traffic and become filled with artists and crafters of all kinds! The festival will include local musical acts, dance, artist demos, a kid's zone, a pet zone, lots of food, a beer festival, and a circus! The Mafia will have an entire section of booths for our Spring Line Up vendors located on the west side of the event between Ohio Street and the Main Street Stage on 30th Street. In addition to all the great artists and craft vendors, you will be treated to live music and performances all day on several stages. Some local acts not to miss include the Tighten Ups, Transfer, and the Shambles. You can also check out many styles of dance like ballet, hip hop, and flamenco. Proceeds for this day-long event will benefit North Park Main Street, a non-profit organization committed to the revitalization of the North Park Business Improvement District. North Park Main Street is dedicated to the revitalization of the North Park neighborhood in San Diego through the Main Street Four Point Approach; design, economic restructuring, organization and promotion. It's all for a great cause! The Spring Line Up area has room for 40 vendors and we are accepting vendor applications until April 30th. Spaces are filling up, so don't delay! We are also planning to give out 100 swag bags to the first 100 visitors to the Craft Mafia's booth. Email us if you would like to donate swag items! Come and be a part of this fantastic spring event!

Visit: [SanDiegoNorthParkCraftMafia.com](http://SanDiegoNorthParkCraftMafia.com) for all the latest info!

## Mafiosa of the Month : Meagan Rae Longtin of Meagan Rae Designs

### What would you like us to know about your business?

I make fun clothes and accessories to make girls feel like art. Hints of found objects in my jewelry will remind you of your youth and my feminine dresses will have you walking tall with unique style.

### Why DIY?

The do-it-yourself movement allows me to be uber creative and I love feeling like I've accomplished something! Why not DIY?!



(Continued on Page 2)

*(Mafiosa of the Month -Continued From Page 1)*

**Do you install toilet paper so that you pull from the top or the bottom of the roll?**

I never used to even pay attention to this until my boyfriend brought it up that he (and other guys) prefer to pull down from the top. How funny is that? I'm like, who cares? I dunno, but so now that's the way I install it, just to keep him happy.

**What is your favorite piece of clothing? why?**

I can't wear enough bracelets. Does that count? If not, I love wearing jumpers. Seriously.

**Favorite movies?**

Willie Wonka and the Chocolate Factory (O.G. Gene Wilder), Harold and Maude, and Zoolander; I could watch that one over and over and over!

**Who inspired/s you to create?**

Everyone around me inspires me to create. Nature around me is inspiring. Add a strong cup of coffee to the mix and good luck un-inspiring me! Hah!

**What is on your I-pod right now?**

You know what, I wish I had an I-pod! I'm a late bloomer when it comes to the new technologies of today. I still listen to mix-tapes. And on those: old Modest Mouse, Tool, Janis Joplin, and some Apples, just to name a few.

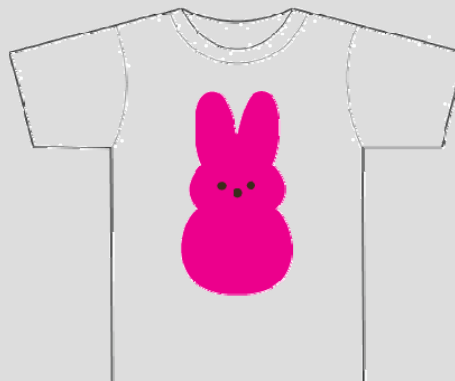
## CRAFTY HOW TO: PRINT A FUN BUNNY SHIRT!

**What you will need:**

- A t-shirt (new or recycled)
- Some freezer paper
- An X-acto knife
- Fabric paint or acrylic paint with fabric medium added

**How to make it:**

Draw your design by hand or on your computer and then print. Tape your image to a piece of freezer paper with the paper side up and the shiny side down. Make sure to have a rubber cutting mat or piece of cardboard under your paper before you begin cutting. Begin cutting the design remembering that anything you peel away will be where the ink goes through. Once the entire image is cut, take the drawn design off the freezer paper and clean up the cut edges if anything is not a clean cut. You now have a completed stencil. Now it's time for the t-shirt. Iron out any wrinkles from the area you plan to print. Place the stencil - shiny side down - on top of your shirt where you want the print.



Place another piece of paper inside the shirt with the shiny side up. This will help to keep any paint from bleeding through. Set your iron to a dry setting, i.e. no steam, and iron the paper to the shirt. If necessary,

iron a second time after the paper has cooled. You just want the stencil to stay in place on the fabric. Now, take your paint and dab it on with a sponge brush in an even, thin coat. If you think you need another coat, wait for the paint to dry completely before adding a second coat. Now give your bunny some eyes and a nose! After the paint is dry to the touch, remove your stencil. Now you should heat set the paint with a blow dryer or a heat gun. If using a heat gun, be careful not to scorch your fabric! Then you can place the shirt in the dryer to finish setting the paint. Enjoy your new custom made tee!

MADAME CRAFTINA'S  
HOROSCOPE

## PLAY A GAME AND IMPROVE YOUR LIFE

**This month it is all about improvement. Find something to improve about yourself! Madame Craftina has supplied some classic game ideas to play to help outlet and turn around those negative traits. Who knew self-improvement could be so fun?**

**Aries-March 21-April 20** I know you Aries' have issues with being moody, short-tempered and impatient. Focus on these issues by playing a game of Monopoly! This will be a fun way to practice patience.

**Taurus-April 21-May 20** An area where you bulls could improve is with your stubbornness. And sometimes you're a little lazy and possessive, but after a couple games of TWISTER you'll be up and sharing circles of all colors with other surrounding limbs.

**Gemini-May 21-June 20** You twins have some devious, impulsive and indecisive characteristics. My game recommendation for you will either help to improve these unfavorable traits or you will benefit while playing because of them, it's Battleship! Try playing both sides against the other half of yourself! Teehee

**Cancer-June 22-July 22** Crabs can sometimes be moody and overly sensitive, so games that are feel good and fun will best

break you of these moods. How about some Connect4? This game is super fun especially when the chips all fall in the end and you scurry to start again.

**Leo-July 23-August 22** This month I want you to play some charades. BUT, you are going to practice being the guesser, not the actor. We are trying to tame your tendencies of pretentious vanity and melodrama.

**Virgo-August 23-September 22** Virgos can be skeptical and fussy and sometimes come across as cold. I think a fun game of water balloons with some friends on a warm day this month can put you in a fun, light mood! Give it a try!

**Libra-September 23-October 22** Your indecisiveness has got to go, or at least be minimized. Libras, you need to practice making decisions. The game for you is JENGA. Practice relying on your own choices to hold yourself up, and those little wooden Jenga blocks too.

**Scorpio-October 23-November 21** Scorpions can be manipulative and suspicious so I want you to play a game where the winner is not debatable. B I N G O! Relax, pay attention and when it's your turn to win, you will. BINGO!

**Sagittarius-November 22-December 21** One negative trait of the Sagittarius is their lack of emotion. Try a game of LIFE. You can get married and have kids just to practice emotional activities and when the game is over; you box it back up and continue on with real life!

**Capricorn- December 22-January 19** Caps can be unimaginative and dictatorial and need to work on being more trusting. The game of CLUE will allow you goats to work with others and use your imagination to figure out who used what in what room to kill Mr. Blue.

**Aquarius-January 20-February 18** Some of Aquarian's weaknesses have to do with their stubbornness, sarcasm and rebelliousness. Try throwing the dice with a game of Yahtzee. It's partially a game of chance and part strategy to get all the combos you need in order to win. Can't be stubborn when the die doesn't lie.

**Pisces-February 19-March 20** You Pisces can be over-sensitive and a bit of escapist. Practice escaping for fun rather than in real life. Play some Chutes and Ladders. And don't let it get you down when you fall down that chute because there's a ladder right around the bend to bring you back up.

## MA MANGIA

## TRY SOME COLORFUL ITALIAN EASTER BREAD

This is a sweet bread that is made with milk and sugar. It even has a colorful egg in the middle! We found this recipe online at a blog called "The Italian Dish". Check out this blog for all kinds of Italian recipes from pizza and pasta dishes to yummy desserts. The Almond Raspberry Cake looks fantastic!

**You will need:**

1 lb. Italian sausage  
1 lb. Ricotta cheese  
2 eggs  
2 eggs, hard boiled  
1/4 c. Parmesan cheese  
1/4 tsp. salt  
1/4 tsp. pepper

**Dough:**

1/2 c. milk  
1/2 c. shortening  
2 c. flour  
1 tbsp. baking powder  
1/2 tsp. salt  
1/2 tsp. pepper  
2 eggs

**Filling:** Take sausage out of skin, crumble and cook. Drain on paper towel and cool. Combine with remaining filling ingredients (except hard boiled eggs) and let sit for 1 hour. Set aside hard boiled eggs.

**Dough:** Heat milk until hot. Add shortening; stir until melted. Mix all ingredients together and add to milk mixture. Let sit at room temperature for 1 hour on floured board. Roll out half of the dough into large rectangle. Place in lightly greased jelly roll pan. Pinch at corners of pan. Spread filling over dough. Slice the 2 hard boiled eggs over top of filling. Roll remaining dough into rectangle and place on top. Pinch edges together with dough in pan. Beat 1 egg white and brush on top. Bake at 400 degrees for 30 to 45 minutes, until golden brown.



This recipe can be found at [www.theitaliandish.blogspot.com](http://www.theitaliandish.blogspot.com)



## WHO IS KEEPING SAN DIEGO CRAFTY?

Teresa Salazar of *Velvet Klaw*  
www.velvetklaw.com

Svea Komori-Ang of *Belle Pepper Couture*  
www.bellepeppercouture.com

Amy Smock of *Designs de Luna*  
www.designsdeluna.com

Meagan Rae Longtin of *Meagan Rae Designs*  
www.meaganraedesigns.com

Karen Jorgenson of *Altered Provisions*  
www.alteredprovisions.com

---

**THE SAN DIEGO NORTH PARK CRAFT MAFIA WAS FOUNDED IN SEPTEMBER 2007 AND IS DEDICATED TO CRAFTING, FASHIONING, STYLING AND CREATING THEIR SAN DIEGO.**

---

www.SanDiegoNorthParkCraftMafia.com  
info@sandiegonthparkcraftmafia.com  
P.O.Box 711464  
San Diego, CA 92171

## Crafty Black Book: Upcoming Events for April

**MONDAY APRIL 6TH:  
SUNDAY, CRAFTY SUNDAY VENDOR APPLICATION OPEN**  
Vendors interested in being a part of our May 3rd SCS show can apply online beginning April 6th. We have an FAQ page with a link to the app. Space is limited!

**SATURDAY APRIL 10TH:  
SAN DIEGO LIVING SHOW—9 am on CW 6**

**SATURDAY APRIL 11TH:  
CRAFT-TOPIA CRAFT SHOW**  
Our sister group, the Oceanside Craft Mafia, is hosting a craft show on **Saturday, April 11th from 3—7 pm.** It's sure to be fun! Check their website for all the details. [OceansideCraftMafia.com](http://OceansideCraftMafia.com)

**SUNDAY APRIL 12TH:  
EASTER SUNDAY**



**WEDNESDAY APRIL 22ND:  
EARTH DAY**

**TUESDAY APRIL 28TH:  
SAN DIEGO LIVING SHOW—9 am on CW 6**

**CRAFTY CONSPIRACY CRAFT NIGHT**  
Consider yourself crafty or want to learn to be? Join the NPCM at **Filter Coffee House** on the fourth Tuesday of each month for a fun night of crafting! Our next get together is happening **Tuesday, April 28th from 7 to 9 PM.** Bring your own project to work on and enjoy some of the tasty treats they have at Filter.

**THURSDAY APRIL 30TH:  
DEADLINE TO APPLY FOR THE SPRING LINE UP AT THE NORTH PARK FESTIVAL OF THE ARTS**

If you want to be a vendor at this fantastic event, then don't wait! The deadline to apply is April 30th! For more info. about this event, please visit our website.

### LOOKING AHEAD!

We will be bringing you another Sunday, Crafty Sunday on May 3rd at Filter! The Spring Line Up will be happening this year at the North Park Festival of the Arts event on May 17th! We'll be back at Filter on June 7th for another Sunday, Craft Sunday—Father's Day. We can't forget about dear 'ol dad!